



Toowoomba Volleyball Association

Premier League Volleyball BY-LAWS and COMPETITION RULES

Please refer to the following document regarding the Premier League Volleyball Competition

Volleyball rules

All rules are as per the FIVB volleyball rule book current 2025-2028 version. It is the responsibility of the coaching staff to educate players on the correct rules.

Referees are to use their discretion regarding judgment calls (e.g. catching of the ball whilst setting or double contacts) comparative to the standard of volleyball. Age (Junior or Intermediate) is not a determining factor for ability – players need to learn to contact the ball as the FIVB rules dictate.

Divisions

Premier League is a Male/Female specific sport. Your “Sex at Birth” is the competition you play in. We have the following Male & Female divisions in our Premier League. Players can play up a division but not down.

Championship - Open Teams, no age limits

Senior - Year 11 & 12

Intermediate - Year 9 & 10

Junior - Year 7 & 8

Net Heights

Female Divisions

Junior - 215cm

Intermediate - 215cm

Senior - 224cm

Championship Women - 224cm

Male Divisions

Junior - 215cm

Intermediate - 224cm

Senior - 235cm

Championship Men - 243cm

Competition Points and Fines Summary

Win: 10 points	Incomplete Duty Team (<6 people) -4 points
Draw: 8 points	Incomplete Scoresheet -2 points
Loss: 6 points	Incorrect/incomplete team lists -2 points
Forfeit: 0 points	Non uniform jerseys -4 points
	Player suspension -4 point
<i>Any fines which are accrued during a finals match will result in a forfeit.</i>	

Duty

Duty is the responsibility of the ENTIRE team.

Each team MUST provide 2 x referee, 2 x scorers, 2 x lines.

Referees preferred to have minimum Level 1 Referee Qualification.

No phones to be used during games by duty members - especially scorers.

Lines people must be standing in an appropriate place to see properly - not leaning or sitting against walls.

1 duty adult/coach must be with the team for the duration of duty.

All finals matches must have a full duty team or forfeit your own finals match.

All duty team to be wearing closed in shoes (crocs are allowed)

Time outs are 30 seconds only, *Time between sets* 2 minutes only. Nobody is to be on the court during this time, including the duty team. The second referee must acquire the game ball during this time.

This is to be enforced by the first referee.

Substitutions can be made at any time during the game.

Time Outs are not permitted in the last 5mins of the game.

MVP are awarded by the duty team - 3 Points for Winning Team, 2 Points for Losing Team, 1 Point for Either Team.

Scoresheets

A scoresheet is only complete when it includes: complete team lists, MVP details completed, results table completed and signatures from both team captains and coaches in both required locations.

Team list must be formatted as first name, surname OR first initial, surname ONLY. Eg – J, Smith OR John Smith

Captain must be identified on scoresheet by circling their number next to their name. Libero if being used must be identified by writing L next to name.

Matches

All matches are best of 5 sets, timed for 50 minutes + 10 minute warm up.

A team that cannot take the court at the end of warm up due to insufficient players, forfeits the first set.

If they still cannot take the court after 10 minutes of the match, they forfeit the second set. After 20 minutes the match is forfeited and 0 competition points are awarded to the forfeiting team.

Teams may play with a minimum of 5 players on the court. The 6th position will be a gap.

Teams in all divisions must only enter a maximum number of 10 players per season. Any additional players will be charged \$77 incl gst for the season.

Players must only play for one team per time slot per week.

To be eligible to play in final matches all players must have taken the court for their team in a minimum of 3 matches in the round robin section of the competition.

Substitutions.

We comply with the Australian standard 12 sub rule.

- An individual player may enter the court up to three times during a set. Starting on court counts as one entry.
- Players may only substitute for a single individual in a set. EG. player #3 subs for player #5, #3 must come back on for #5 and no one else.
- The Libero, should they be used, does not count as a substitution and cannot play any attacking options (setting, hitting or blocking) in front court.

Uniform

All teams are to have a standard uniform with jerseys numbered front **and** back for all games.

Mixed uniforms are not allowed as it makes the delegation of the Libero difficult for officials.

A Libero may wear a jersey inside out if the team does not have a Libero jersey.

Uniforms must be worn for FINALS, any player out of uniform will forfeit their final match and not be allowed to take the court..

Repeat infractions

Teams/players that repeatedly do not comply with the by-laws will be asked to withdraw from the competition for that season.

Spectators

Spectators must always demonstrate appropriate social behaviour. Use of foul language, abuse or harassment of players, coaches or officials will not be tolerated. Applaud good play by all teams. Always be positive in your support for players.

Spectators are not allowed in the playing space (this includes the 3m space around all court lines) – there are dedicated seating locations at each venue. We understand there is restrictive spectator space in the Blue Gym at HSHS. This is out of our control and the safety of our athletes and coaches remains our top priority.

Player Behaviour

Players must conduct themselves in a respectful manner towards their teammates, the opposition and officials. Unsportsmanlike behaviour such as rough or forceful contact, derogatory language towards players or officials and intimidation will not be tolerated. Team Captain's/coaches must ensure their team plays within the spirit of the game. The Match Officials and Duty Managers have the right to sanction players (yellow/red cards) or send players off if they are behaving inappropriately.

Players may be penalised, sent off, suspended, or removed from the competition for misconduct during a game. This is up to the discretion of the officials and will depend on the seriousness of the breach. If a player is sent off in a game, they can take no further part in that game and will be suspended for one game. The team will also lose one competition point and receive an official warning. Serious infringements will be investigated by the Duty Manager and Association President and further action may be taken if deemed necessary. Any player or team that is suspended or removed from the competition due to misconduct will not receive a refund.

Grievance Issues

Any issues from the duty team can be written on the back of the scoresheet.
Coaches may email competitions@tva.org.au within 24 hours from the game.